

The OSFLOW® mode of action

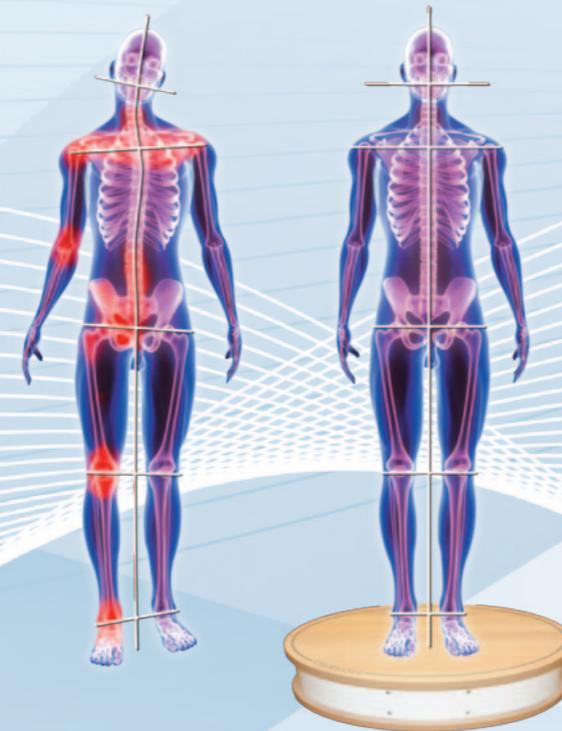
The OSFLOW® was developed from the natural movements of Taiji as an optimal auxiliary means for self-correction. Training with the OSFLOW® allows an optimal biomechanical alignment of bones and joints. So one can get into muscular relaxation.

The vibration is close to the alpha-frequency and therefore promotes the self-regulation of the body through resonance.



The difference between common vibration devices for muscle strengthening in comparison to the OSFLOW® vibration platform is similar to the difference between shaken (chaotic) and stirred (centering). The centering spiral effect is created by an exact circular path around the fixed center. So one develops pleasantly a natural steady state in the whole body, right up for deep relaxation.

Through its centering vibration the OSFLOW® helps the body to find its natural center via the spiral vortex effect. This enables a change of habits and the interruption of pain cycles.



Find more information on www.osflow.com

The correct use is decisive for the meaningful use of the OSFLOW®. This assumes that you are instructed and corrected by a qualified person. Trained OSFLOW® advisors will help you here.

More information about OSFLOW® can be found at: www.osflow.com

Find more information about the OSFLOW® method at: www.osflow-method.de

Your OSFLOW® partner:

OSFLOW®

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Made in Germany
www.osflow.com

Feeling good in your body



OSFLOW®



OSFLOW® Classic

The classic OSFLOW®, as it has been used successfully for many years in the private sector, in sports and in therapy. After a briefing you can easily use the OSFLOW® yourself for your well-being at home.

From young to old, for the whole family, for wellness training, for prevention or simply to feel good.



Train with the OSFLOW® for:

- Improved centering
- Better balancing
- Rooting down to earth
- Safety and fall prevention
- Ease of erecting and standing
- Higher movement potential of the whole body
- Loosening of "adhesions" in muscle and fascia tissue
- Synchronization of the entire musculature in relaxation
- More flexibility and stability in the spine
- Improve of dexterity and coordination



Travel-OSFLOW®

The small travel OSFLOW® to take with you - for the motorhome, hand luggage or to give treatments outside your house.

This OSFLOW® weighs only approx. 8.5 kg (18.7 lbs). Thanks to its handy size, it's perfect to take away. This OSFLOW® is the device of choice, especially when traveling or for mobile therapy use.



- General metabolic activation
- Increase in metabolic activity of and inside the bones
- Mental centering
- Harmonization and relaxation of the whole nervous system, reducing stress
- Inner serenity and outer relaxation
- Self-confidence and inner security
- More life energy and performance
- A feeling of flow in all situations



Dog-OSFLOW®

Animals, that are being treated, will also enjoy the OSFLOW® vibration because they know what is good for them.

This larger OSFLOW® was developed for example for dogs or other animals. It is also suitable for other treatments that require more space. The extra space allows it to be used where the classic is not enough.



Horse-OSFLOW®

A large OSFLOW® specially developed for horses and large animals.

It is built extra robust and has a special electronic control for gentle in and out fading.

Not only leisure horses enjoy the horse-OSFLOW® – also tournament and sport-horses benefits from the OSFLOW® Training. In rehabilitation areas (f. e. for regeneration) the horse OSFLOW® has been used successfully since 2019.



OSFLOW® Equipment

With the accessories, specially developed for the OSFLOW®, you can significantly expand the range of applications.



Head dice

Leg dice

Upholstery

Anti-slip mat

Transport bag

Cable stand